



Code of Conduct - Riders

As a rider at this Club you are expected to abide by the following code:

- Arrive on time, wearing suitable kit including long sleeves and trousers, helmet and gloves.
- Work hard in sessions, ride within the rules and follow the instructions / guidance of the Coach.
- Tell the Coach if you have any injury or medical issues.
- Respect Club equipment and place bike in the resting position at the end of the session.
- Treat all other riders with respect and support: no abuse of any sort to other riders or Coaches; take your turn; no bullying.
- Leave the Coach to deal with any situation where a rider has an accident and not crowd round the person.
- Use social media responsibly and do not post comments or photos that might ridicule or bully another rider.
- Follow all covid-19 safety rules, including assisting with cleaning equipment and bikes you have used.

Code of Conduct for Parents / Carers

As the parent/ carer of a rider at this Club you are expected to abide by the following code:

- Support your child to be here on time and wearing suitable kit. Help them to put on their helmet correctly.
- Provide any medical information relevant to BMX sessions and tell the Coach of any new medical issues.
- Stay at the track if your child is of primary school age. If you do need to step away from the track let one of the volunteers know and make sure your phone is switched on.
- Ensure the Club has your correct contact details.
- Stay off the start hill unless agreed otherwise with the Coach and keep younger children and pets away from the track.
- Encourage your child to learn the rules and ride within them.
- Set a good example by recognizing effort, the judgement of officials and the good performance of all.
- Never punish or criticise a child for losing or making a mistake.
- Use correct and proper language at all times.
- Show appreciation and respect for coaches, officials and volunteers – without them there would be no Club.
- Be willing to help in the running of the Club.
- Follow all covid-19 safety rules, including assisting with cleaning equipment and bikes your child and others have used.